

# #instamaschinenstrick fingerless mitts on the Duo

## Cast on

- handle up
- bring 60 needles in 1:1 division
- take care of the needle rule!
- orange strippers
- lock N/N
- Tension 1,5 (front and back!)

## thread your yarn

- knit 1 row to the left
  - Lock CX/CX (circular knitting)
  - Tension 3 (front and back!)
- knit 2 rows
  - Lock N/N
  - Tension 4,5 (front and back!)
- knit 1 row to the right
  - cast on done

## Cuff

- RC on 000
- Lock settings stay as before (N/N and T 4,5)
  - knit 40 rows
  - Cuff done

## increasing for thumb wedges

- always increase opposite the lock
- always add 2 needles , therefore you'll keep the needle rule
- it will be knitted throughout in 1:1 division
- as a reminder where your main needles were set up, just set one pusher under each end needle on your front bed (needle 30 left to 29 right). As you knit on N/N it has no impact on your knitting.
- Lock is on the right side
  - on the left of your front and back bed push 1 needle on each bed in working position (follow your 1:1 division) → knit 1 row (your lock is on the left)
  - do the same on the right side: add 1 needle on each bed → knit 1 row to the right
  - repeat these steps until you've added 20 needles on each side (you may add more needles if you want to add length to the thumb wedge).
  - After those increases there are stitches in 1:1 division from needle 50 left to needle 49 right and your lock is on the right side, too.

- RC on 000 → knit 16 rows
- lock is on the right

Now you need to cast off the stitches you've increased before, so that you get back on your basic stitches of 60.

- those needles you increased on the back bed on the right side have to be transferred on those empty needles on the front bed with your transfer tool
- those now free needles on the back bed should be pushed down, to non working position!
- Cast off:
  - to make it easier, add a claw weight
  - transfer the right most needle onto the adjacent needle
  - push this needle up, wrap the yarn twice
  - pull it down and the wrapped yarn formed a new stitch
  - transfer this stitch to the adjacent needle and repeat the steps until 20 stitches are casted off.
  - the very last cast off stitch has to be transferred to the right most end needle on the back bed (needle rule!)
- knit 1 row
  - cast off on the left side as you did before on the right side
  - transfer the very last cast off stitch on the left most needle on the front bed
  - Now you're back to the number of needles you started with (60 needles in 1:1 division)
- knit 1 row to the right

### **hand's palm / finger part**

- lock is on the right
- RC on 000 → kni 16 rows

### **Cast off**

#### ***simple version***

- transfer all your stitches from back to front bed
- bring all empty needles on the back bed back to working position
- handle down
- Lock N/N
- Tension stays at 4,5
- knit 1 row to the left
- lower your front bed
- crochet off

Lay the mitt to half (public side outwards) and close with a mattress stitch.

***Half Cable Variation (Original by Carole Wurst/The Rocking Horse Farm)***

- transfer all your stitches from back to front bed
- Lock GX/BX
- Tension 6
- pushers in rest position, except for the three right most pushers, they have to be in working position
- knit 6 rows
- bring the next 3 pushers in working position → knit 6 rows

Using your 3 prong tool and transfer the right most 3 stitches to their adjacent 3 needles on the left

- pull empty needles out of work and their corresponding pushers, too
- bring the next group of 3 pushers in working position → knit 6 rows

Repeat that way and travel all the way to the left.

The second last group of three will be transferred onto the last 3 needles → cast off

Lay the mitt to half (public side outwards) and close with a mattress stitch.

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